

# HIGHLIGHTS

## 2010 - 2011

### Hunger in North Texas

In the region Tarrant Area Food Bank serves, **1 of 4 children struggles with hunger.** Among all residents, 1 in 6 lives in a household that cannot always afford adequate amounts of nutritious food. \*

\*Map the Meal Gap: Food Insecurity by County, a study from Feeding America

### The Faces of Hunger

Low-wage earners and their families, senior citizens on fixed incomes, chronically ill and disabled individuals unable to work, unemployed workers and their families, victims of family violence, children whose hunger interferes with learning.

### Our Vision

Communities where no one has to go hungry.

### Our Mission

Tarrant Area Food Bank works to eliminate hunger in Fort Worth, Texas and 13 surrounding counties by providing food, education and other resources to a network of hunger-relief charities.

### Our Service Region

We provide donated and purchased food to charities in the 13 counties of Tarrant, Denton, Johnson, Parker, Palo Pinto, Wise, Cooke, Erath, Bosque, Hamilton, Hill, Somervell and Hood.

### Our Affiliations

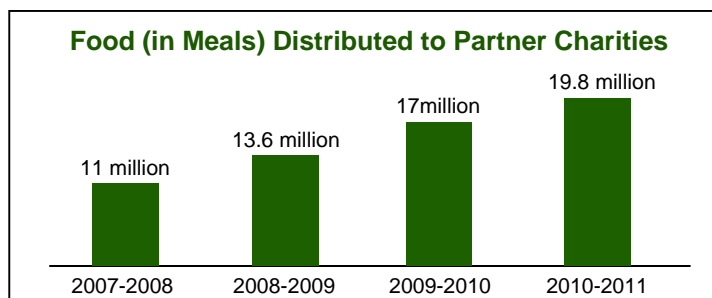
Tarrant Area Food Bank is a certified member of Feeding America, the national network of regional food banks, and a member of the Texas Food Bank Network.

## The Great Recession and Beyond

### Food Distribution Increases for Third Year

Over the last three fiscal years (FY 2008-09 through FY 2010-11), the amount of food Tarrant Area Food Bank distributed to Partner Charities increased 80 percent.

Food distribution to Partner Charities grew from an equivalent of 11 million meals in FY 2007-08 to 19.8 million in FY 2010-11. (The corresponding pounds grew from 14.2 million to 25.6 million.)



### Rate of Increase Slows

After two consecutive years of significant increases during the official recession of 2008 and 2009, the amount of food we distributed in FY 2011 to all Partner Charities increased by the smaller percentage of 16 percent. The increases in FY 2009 and FY 2010 were 24 percent and 25 percent respectively.

The *smaller percentage increase in food distributed* this past fiscal year reflects, to some degree, the ability of Partner Charities to fund the shared maintenance fees for more food as well as the smaller percentage increase in food donations we received for the year.

## Sources of Food

### The Changing Nature of Food Donations

The food industry continues to adapt to consumer preferences for more refrigerated and frozen foods and fewer canned or boxed products. For Tarrant Area Food Bank and other regional food banks across the nation, this has meant a great increase in the donation of highly nutritious fresh and frozen foods.

At Tarrant Area Food Bank in 2010-11, donations of protein increased 16 percent, fresh vegetables and fruits 42 percent and grains 22 percent. The only significant decrease in fresh food was dairy, which was down 18 percent from the previous year. We continued to receive fewer donations of nonperishable foods.

# HIGHLIGHTS 2010-2011

## Sources of Food (continued)

### Growing Source of Food: Store Donations

The amount of fresh, frozen and dry foods we picked up from grocers participating in the Store Donation Program increased 105 percent. Our truck fleet and designated Partner Charities picked up from 95 grocery stores a total 3.9 million pounds, enough food for over 3 million meals.

Our approach to this program garnered the "Model Food Sourcing Program of the Year" 2011 award from Feeding America, the national association of regional food banks.

[www.tafb.org/store-donation-program.html](http://www.tafb.org/store-donation-program.html)

### New Food Source: Community Gardens



Our Community Gardens Coordinator guides communities at risk of hunger and malnutrition in growing their own produce. During this first year, with the

help of grants from Tarrant County Public Health, nine partner gardens were planted at local nonprofit organizations' sites in Arlington, Bedford, Forest Hill, Fort Worth and Hurst. The produce went to local families, food pantries and feeding programs. Our Community Gardens program also hosts a website for all Fort Worth/Dallas area community gardens and their participants:

[www.communitygardensdfw.org](http://www.communitygardensdfw.org).

## Distribution of Food

**BackPacks for Kids** grew from 19 to 26 schools with sites being added in Arlington, Azle, Bedford and Fort Worth. An average of 1,700 children per week received basic nutrition on weekends.

**SummerPacks for Kids**, for the second year, were distributed in collaboration with the City of Fort Worth Summer Nutrition sites. Almost 2,500 children at 30 sites were provided weekend food.

**Kids Cafe**, during the school year, served prepared meals at 16 sites to a daily average of 1,273 children participating in after-school tutoring, mentoring, life-skills and recreational programs in low-income neighborhoods.

[www.tafb.org/programs-FoodforKids.html](http://www.tafb.org/programs-FoodforKids.html)



### Expanded Distribution: Mobile Pantries

This alternative method of food distribution helps Partner Charities serve communities with a high and/or growing need for food assistance.



The number of sites hosting the Mobile Pantry grew in FY 2011 from one to six located in Arlington, Fort Worth, Granbury and Hurst. One or more Partner Charities, often in collaboration with other community organizations, hosted each Mobile Pantry visit.

At each site, once a month, a refrigerated Food Bank truck delivered 8,000 to 20,000 pounds of fresh and frozen foods. That same morning, the host agencies distributed the food directly to 200 to 600 households.

[www.tafb.org/food-mobile-pantries.html](http://www.tafb.org/food-mobile-pantries.html)

### Feeding the Local Economy in addition to Hungry Families: SNAP (Food Stamps)

The Supplemental Nutrition Assistance Program (SNAP) supplements the limited amount of nutritious food that low-income and impoverished families and individuals can afford.

In our 13-county region during this past fiscal year, the number of *households* that applied and qualified for SNAP increased 11 percent compared to the statewide increase of 6 percent.

During FY 2011, **SNAP specialists from Tarrant Area Food Bank** helped hungry families receive nutrition benefits providing **more than 2.7 million meals**.

As part of the process required by the Texas Health and Human Services Commission, **Food Bank staff completed 2,497 interviews** of SNAP applicants.

The purchase of groceries by those applicants determined eligible for benefits along with the economic multiplier effects of those purchases were calculated to have **generated more than \$11.5 million in the local community**.

[www.tafb.org/FoodStampSNAP-outreach](http://www.tafb.org/FoodStampSNAP-outreach)

# HIGHLIGHTS 2010-2011

## Nutrition Education

### Proven Results: Cooking Matters™

In collaboration with Share Our Strength, Tarrant Area Food Bank offers Cooking Matters™ to help children and adults improve their diets through six-week cooking-based nutrition courses.

According to a report from Share Our Strength on our Cooking Matters classes, this nutrition education in FY 2011 made a significant difference for the graduates of seven courses for adults.



Among graduates, 71 percent report they now eat more vegetables, 62 percent eat more fruits,

34 percent eat more low-fat or fat-free milk products, 66 percent eat more whole grains, 48 percent eat more lean meat, chicken or fish and 48 percent drink more water. In addition, 96 percent of these adults said their cooking skills improved, and 100 percent would recommend the course to others.

[tafb.org/nutrition-cooking-matters.html](http://tafb.org/nutrition-cooking-matters.html)

## Community Kitchen

### Culinary Job Training / Meal Production

In the culinary job-training program for low-income adults, Classes 11, 12 and 13 produced 30 graduates, all of whom landed jobs in the food service industry.

On the production side of the kitchen, staff and students—assisted by volunteers—produced an average of 5,538 frozen one-dish meals per month for distribution by Partner Charities.

[www.tafb.org/programs-CommunityKitchen.html](http://www.tafb.org/programs-CommunityKitchen.html)

## Community Support

### Financial and In-kind Contributions

As a nonprofit organization, Tarrant Area Food Bank is supported primarily by private gifts from individuals, corporations, foundations and community and faith-based groups.

### Financial / In-kind Contributions (continued)

A sampling of interesting gifts included:

- From **Chase Bank**, a 24-ft. refrigerated truck for picking up fresh and frozen foods from grocery stores participating in the Store Donation Program.
- From a Fort Worth **Ameriprise Financial Services** office—one of the smallest in the country—a \$5,000 grant as a result of the office collecting the most food in a nationwide corporate food drive.
- **Texas Christian University** football players delivered 500 turkeys donated by Albertsons for its “Turkeys for Touchdowns” campaign highlighting the TCU team's undefeated season.
- **F.R.O.G.S.**, a group of second-grade boys calling themselves Friends Reaching Our Goals, collected 1,300 cans of food and, through various activities raised some \$8,000 for TAFB.
- **700-plus Food/Fund Drives** raised an equivalent of enough food for 460,000 meals.

[www.tafb.org/partners.html](http://www.tafb.org/partners.html)

### Volunteers

Demonstrating that Tarrant Area Food Bank could not function without the help of volunteers, 6,500 community members volunteered 70,000 hours of their time last fiscal year.

Many of them, as Quality Control volunteers, sorted, inspected and re-packed food for distribution to our Partner Charities. Others assisted in developing community gardens, training and providing technical support to our Partner Charities or teaching low-income families healthy cooking and nutrition.

Additional volunteer opportunities, among others, included working at the warehouse loading dock,

helping with clerical work and data input, planning fundraising events and organizing food/fund drives.



[www.tafb.org/Volunteer.html](http://www.tafb.org/Volunteer.html)

## Board of Directors 2010 - 2011

### OFFICERS

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Armando Silva, American Airlines

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Mike Dunlap, Auldridge Griffin, P.C.

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Doug Renfro, Renfro Foods

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Volunteer

Samantha Powell, Meals on  
Wheels

Susan Turner, Lockheed Martin  
Aeronautics

Susan Yates, Kroger

EXECUTIVE DIRECTOR  
Bo Soderbergh

## Financial Summary

July 1, 2010 – June 30, 2011

### STATEMENT OF FINANCIAL POSITION

June 30, 2011

#### Assets

Current Assets	
Cash and Cash Equivalents	\$ 995,154
Grants Receivable	232,355
Accounts Receivable	169,097
Pledges Receivable	4,145
Investments	671,028
Prepaid Expenses	20,771
Inventory	2,235,794
Land, Buildings and Equipment, net	3,280,438
Beneficial Interest in Trust	1,243,811
Other Assets	35,086
Investments Restricted or Permanent Endowment	359,139
<b>Total Assets</b>	<b>\$ 9,206,818</b>

#### Liabilities

Accounts Payable	\$ 309,953
<b>Total Current Liabilities</b>	<b>309,953</b>
Notes Payable	900,000
Commitments and contingencies	—

#### Net Assets

Unrestricted	5,365,795
Temporarily Restricted	2,271,931
Permanently Restricted	359,139
<b>Total Net Assets</b>	<b>\$ 7,996,865</b>

#### Total Liabilities and Net Assets

**9,206,818**

### STATEMENT OF ACTIVITIES

#### Revenue and Support

Donated Food	\$ 28,863,583
Government Grant (USDA/Texas Commodities products)	4,795,672
Government Grant (For TexCap food-handling costs)	1,150,963
Financial Contributions	4,510,040
Service Fee (Partner agencies pay fee to help defray food-handling costs)	1,796,922
Special Events & Activities (net of direct benefit to donor)	253,397
Investment Income	166,743
Other Income	60,432
<b>Total Revenue and Support</b>	<b>\$ 41,597,752</b>

#### Expenses

Warehousing (includes value of food distributed)	\$ 37,558,658
Program Services (Agency Services, Food for Kids, Mobile Pantry, Community Gardens, Community Kitchen, Nutrition Education)	2,449,012
Support Services	
Management and General	423,268
Fundraising	1,154,377
<b>Total Expenses</b>	<b>\$ 41,585,315</b>

#### Net Assets at Beginning of Year

**\$ 7,984,428**

#### Total Net Assets at End of Year

**\$ 7,996,865**



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Tarrant Area Food Bank is operated in accordance with U.S. Department of Agriculture Policy, which prohibits discrimination on the basis of race, color, national origin, sex, age, disability, religion or political belief.