

## **Tarrant Area Food Bank is the primary source of donated food for hunger-relief charities and feeding programs in 13 North Texas counties.**

- MISSION** To eliminate hunger in Fort Worth and 13 neighboring counties by providing food, education and other resources to a network of hunger-relief charities. (Founded in 1981; doors opened in 1982.)
- NEED** **People seeking food assistance include** low-wage workers and their families, senior citizens living on fixed incomes, victims of family violence and of disasters, the chronically ill, the severely disabled, the homeless, the under-employed and the temporarily and long-term unemployed.  
**One third of those served by Tarrant Area Food Bank and its network are children.**
- SERVICES** **Tarrant Area Food Bank rescues** edible surplus fresh, frozen and nonperishable food from becoming waste by accepting millions of pounds of it each year from the food industry.  
**We provide food to** church food pantries, senior citizen centers, emergency shelters for abuse victims and homeless families, soup kitchens, after-school programs, low-income child care centers, Kids Cafes, BackPacks for Kids, rehabilitation facilities and other social service centers.  
**Counties served:** Tarrant, Bosque, Cooke, Denton, Erath, Hamilton, Hill, Hood, Johnson, Palo Pinto, Parker, Somervell and Wise.  
**To complement our distribution of food:**  
**BackPacks for Kids** provides nonperishable, kid-friendly food for school-aged children at risk of hunger on weekends. **Kids Cafes** serve late afternoon meals to impoverished children.  
**Nutrition education** emphasizes the link between healthy food choices and good health. In collaboration with Share Our Strength, Cooking Matters™ teaches individuals and families how to get the best nutrition possible on a limited budget.  
**The Mobile Pantry** takes perishable foods once a month to each of several sites hosted by Partner Agencies where an average of 500 families per site select fresh produce, dairy products, frozen meats and other food transported by a refrigerated Food Bank truck.  
**Free job training in culinary skills** in our Community Kitchen prepares low-income adults for entry-level jobs in the food service industry while they produce meals for food-aid agencies.
- RESULTS** **Every month**, partner charities access food from our warehouse equivalent to an average of 1.5 million meals. This food is distributed to families and individuals in the form of groceries and served as prepared meals and snacks on the charities' sites.  
**Children** eating in **Kids Cafes** or participating in our **BackPacks for Kids** weekend feeding program have more energy and earn better grades according to teachers and parents. **Families** eat healthier diets with fresh foods from the Mobile Pantry and tips learned in nutrition classes.  
**Community Kitchen graduates** find employment with advancement opportunities at local country clubs, restaurants, hospitals, hotels, bakeries and other food service companies.
- EFFICIENCY** A **\$1.00 donation** helps us provide enough donated food for 3 meals.  
**Some 6,500 volunteers** contributed 70,000 hours of service to the Food Bank in fiscal year 2010-2011, thereby saving Tarrant Area Food Bank hundreds of thousands of dollars.  
As a member of Feeding America, the national food bank network, Tarrant Area Food Bank is in full compliance with Feeding America standards of operation and performance.

Tarrant Area Food Bank is operated in accordance with U.S. Department of Agriculture Policy, which prohibits discrimination on the basis of race, color, national origin, sex, age, disability, religion or political belief.